

# LOVE THE WILD

*Good fish. Good sauce. It's that simple.*



## PEOPLE THINK COOKING FISH IS HARD. WE MAKE IT EASY!

Today's busy consumers want to cook good food, not microwave a pouch. They just need a little help and inspiration. With our kits, consumers can cook a delicious and sustainable fish entrée at home, any time they want it.

We start by sourcing the most sustainable fish from fishermen and aquaculture producers that we know and trust. We expertly pair each fish with a bold and authentic regional sauce in foodie-forward flavors, handcrafted in our kitchen from clean and fresh ingredients. Three easy steps for conventional oven, toaster oven, or grill make for a fun and empowering culinary experience and delicious results every time.

**Innovative and disruptive product. Mainstream appeal. High ring. Fill a natural, premium gap.**



60Z. PORTION  
**1**  
 READY IN 20-25 MIN  
 MSRP \$6.99 - \$10.99

1. PLACE
2. SEAL
3. BAKE

SUSTAINABLE & TRACEABLE

**NO** ANTIBIOTICS  
 DYES • HORMONES  
 PCBs • STTP

COOK IT FROZEN  
 READY IN 20-30 MIN

FRESHER THAN FRESH





## Barramundi with Mango Sriracha Chutney

### Nutrition Facts

Serving Size 1 fillet with sauce (206g)  
Servings Per Container 1

#### Amount Per Serving

Calories 190 Calories from Fat 40

% Daily Values\*

Total Fat 5g 8%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 1g

Cholesterol 70mg 23%

Sodium 300mg 13%

Total Carbohydrate 5g 2%

Dietary Fiber 0g 0%

Sugars 5g

Protein 35g

Vitamin A 8% • Vitamin C 20%

Calcium 4% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: BARRAMUNDI, MANGO, ORANGE JUICE, ONION, HONEY, GRAPESSEED OIL, SRIRACHA SAUCE (CHILI, WATER, SUGAR, GARLIC, SALT, VINEGAR), RICE WINE VINEGAR, GARLIC, KOSHER SALT, CUMIN, WHITE PEPPER AND RED PEPPER FLAKES

ALLERGEN STATEMENT: CONTAINS FISH (BARRAMUNDI)



8 50068 00614 4



## Rockfish with Southwestern Black Bean Sauce

### Nutrition Facts

Serving Size 1 fillet with sauce (204g)  
Servings Per Container 1

#### Amount Per Serving

Calories 160 Calories from Fat 20

% Daily Values\*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 1g

Cholesterol 85mg 28%

Sodium 150mg 6%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 32g

Vitamin A 2% • Calcium 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: ROCKFISH, BLACK BEANS (BLACK BEANS, WATER AND SALT), ORGANIC FIRE ROASTED TOMATOES (ORGANIC TOMATO JUICE, ORGANIC ROASTED DICED TOMATOES, SEA SALT, NATURALLY DERIVED CITRIC ACID AND CALCIUM CHLORIDE), WATER, ONION, LEMON JUICE, GARLIC, CILANTRO, SALT, GRAPESSEED OIL, CUMIN, CHIPOTLE PEPPER POWDER, AND OREGANO

ALLERGEN STATEMENT: CONTAINS FISH (ROCKFISH)



8 50068 00611 3



## Red Trout with Salsa Verde

### Nutrition Facts

Serving Size 1 fillet with sauce (202g)  
Servings Per Container 1

#### Amount Per Serving

Calories 288 Calories from Fat 117

% Daily Values\*

Total Fat 13g 20%

Saturated Fat 2g 10%

Trans Fat 0g

Polyunsaturated Fat 3g

Monounsaturated Fat 8g

Cholesterol 101mg 34%

Sodium 53mg 2%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 35g

Vitamin A 9% • Vitamin C 14%

Calcium 12% • Iron 24%

\* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: RED TROUT, WHITE WINE, OLIVE OIL, ONION, PARSLEY, WHITE WINE VINEGAR, GARLIC, KALE, BASIL, KOSHER SALT AND BLACK PEPPER

ALLERGEN STATEMENT: CONTAINS FISH (RED TROUT)



8 50068 00616 8



## Catfish with Cajun Creme

### Nutrition Facts

Serving Size 1 fillet with sauce (205g)  
Servings Per Container 1

#### Amount Per Serving

Calories 230 Calories from Fat 80

% Daily Values\*

Total Fat 9g 14%

Saturated Fat 4g 20%

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 3g

Cholesterol 115mg 38%

Sodium 240mg 10%

Total Carbohydrate 3g 1%

Dietary Fiber 0g 0%

Sugars 3g

Protein 28g

Vitamin A 6% • Vitamin C 2%

Calcium 4% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: CATFISH, LIGHT CREAM, WHOLE MILK, TOMATO PASTE, CRUSHED TOMATOES, ONION, GARLIC, EXTRA VIRGIN OLIVE OIL, LEMON JUICE, SUGAR, KOSHER SALT, OREGANO, BLACK PEPPER, THYME, SMOKED PAPRIKA AND CAYENNE

ALLERGEN STATEMENT: CONTAINS FISH (CATFISH) AND MILK



8 50068 00613 7



## Pacific Cod with Roasted Red Pepper Almond Sauce

### Nutrition Facts

Serving Size 1 fillet with sauce (204g)  
Servings Per Container 1

#### Amount Per Serving

Calories 120 Calories from Fat 30

% Daily Values\*

Total Fat 4g 6%

Saturated Fat 0g 0%

Trans Fat 0g

Monounsaturated Fat 2g

Cholesterol 45mg 15%

Sodium 480mg 20%

Total Carbohydrate 3g 1%

Dietary Fiber 1g 4%

Sugars 2g

Protein 20g

Vitamin A 2% • Vitamin C 10%

Calcium 4% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: PACIFIC COD, TOMATO, RED PEPPER, ALMOND BUTTER (DRY ROASTED ALMONDS, ORGANIC EVAPORATED CANE SUGAR, PALM OIL AND SEA SALT), EXTRA VIRGIN OLIVE OIL, LEMON JUICE, KOSHER SALT, CANE SUGAR, GARLIC, PARSLEY, SMOKED PAPRIKA, CAYENNE AND BLACK PEPPER

ALLERGEN STATEMENT: CONTAINS FISH (PACIFIC COD) AND TREE NUTS (ALMOND)



8 50068 00612 0



## Albacore Tuna with Coconut Red Curry

### Nutrition Facts

Serving Size 1 fillet with sauce (202g)  
Servings Per Container 1

#### Amount Per Serving

Calories 222 Calories from Fat 60

% Daily Values\*

Total Fat 7g 11%

Saturated Fat 6g 30%

Trans Fat 0g

Cholesterol 125mg 42%

Sodium 250mg 10%

Total Carbohydrate 5g 2%

Dietary Fiber 0g 0%

Sugars 5g

Protein 32g

Vitamin A 8% • Vitamin C 2%

Calcium 4% • Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENT STATEMENT: ALBACORE TUNA, COCONUT MILK, COCONUT CREAM, BROWN SUGAR, FISH SAUCE (anchovy, salt and sugar), KAFFIR LIME LEAF, THAI BASIL, SHALLOT, CHILI PEPPER, GARLIC, SHRIMP PASTE (fermented shrimp and salt), LEMONGRASS, GALANGAL, KOSHER SALT, BLACK PEPPER, KACHAI, CORIANDER SEED, CUMIN AND LIME PEEL

ALLERGEN STATEMENT: CONTAINS: FISH (albacore tuna), SHRIMP, ANCHOVY and COCONUT.



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Single Unit Dimensions: 8.5" x 1.5" x 5"  
Units Per Case: 6  
Single Unit Weight: 7.1 - 7.3oz (202 - 206g)  
Master Case Dimensions: 11" x 9.1" x 5.2"  
Gross Weight Per Case: 50 oz

# LOVE THE WILD

1035 Pearl Street Suite 200  
Boulder, CO 80302  
844-424-9875  
sales@lovethewild.com

LoveTheWild.com



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